

NUTRITIONAL INFORMATION

Amount Per 100g

Energy Value	1310 KJ
Total Fat	7.7g
Saturated Fat	4.77g
Unsaturated Fat	2.58g
Cholesterol	---
Sodium	5.8g
Total Carbohydrate	45 KJ
Dietary Fiber	4.5g
Sugars	5.2g
Protein	14.5g
Ash	16.3g
Moisture Content	8.4g

INGREDIENTS

Maize Flour, Salt, Hydrolised vegetable protein, Rice, Monosodium Glutamate, Sugar, Vegetable Fat, Food Colouring, Spices & Herbs, Flavouring

PRODUCT OF SOUTH AFRICA



A PRODUCT OF MPILENDE FOODS

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Supa soya mince



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