

Nutrition Facts	
Per 1 cup(250 mL)	
Amount	% Daily Value
Calories 130	
Fat 5 g	8%
Saturated 3 g + Trans 0.1 g	16%
Cholesterol 20 mg	
Sodium 120 mg	5%
Carbohydrate 12 g	4%
Fibre 0 g	0%
Sugars 12 g	
Protein 9 g	
Vitamin A	10%
Vitamin C	0%
Calcium	30%
Iron	0%
Vitamin D	45%

Ingredients:
Microfiltered Partly Skimmed Milk,
Lactase, Vitamin A Palmitate,
Vitamin D₂

A PRODUCT OF SOUTH AFRICA



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